



Policy No: 005  
Subject: **Hot Weather Policy**

Date issued: 14 July 2008  
Review: 14 July 2010

### **GENERAL HEAT POLICY FOR ROAD RACES and ROAD CRITERIUM RACES:**

- Road racing will be cancelled or postponed on any race day, where the Bureau of Meteorology forecasts the Adelaide temperature to be 37 Celsius or higher in the 4:00pm forecast issued the day before, **unless it is clearly stated otherwise on the event information**. The 4:00pm forecast may be found at [www.bom.gov.au/weather/sa/](http://www.bom.gov.au/weather/sa/)
- Racing may be modified, by the Chief Commissaire, on any race day, where the Bureau of Meteorology forecast the temperature to be between 32 and 37 Celsius in the 4:00pm Adelaide forecast issued the day before. The host club should supply access to water, shade & sun screen.
- Racing will continue as normal on any race day where the Bureau of Meteorology forecast the temperature to be less than 32 Celsius in the 4:00pm Adelaide metropolitan forecast issued the day before. The Chief Commissaire may however modify the racing to minimise the chances of a rider, official or volunteer suffering heat stress.
- It is the riders' responsibility to ensure that they use sunscreen, shade where available and drink and carry plenty of water for the event they are competing in.

**It is highly recommended that a club or promoter who elects to not apply this Policy to their event(s) conducts their own event heat risk assessment and/or adopt their own policy in conjunction with the Chief Commissaire, using information from the Sports Medicine Australia guidelines obtainable from <http://sma.org.au/resources/policies/hot-weather/>.** This should take into account factors including but not limited to:

- sex, age and fitness of likely event participants
- time of day
- duration and intensity of the event(s)
- specific local conditions
- venue facilities
- district forecasts and/or weather observations.

### **GENERAL HEAT POLICY FOR TRACK RACING**

Clubs or promoters of Track Racing should consider the [Sports Medicine Australia advice](#) regarding exercising in hot weather, and modify their programmes as necessary to take into account local conditions.